# Autonomic Disorders Workshop

### **CME FOR PEDIATRIC & ADULT PHYSICIANS AND ALLIED HEALTH PROFESSIONALS**

### July 12, 2014 · Washington, DC



The purpose of this workshop is to educate community physicians about Autonomic Disorders, proper treatment plans, and when to refer patients to tertiary care centers. This workshop will review Postural Orthostatic Tachycardia Syndrome (POTS), Neurogenic Orthostatic Hypotension, Pure Autonomic Failure, Multiple System Atrophy (MSA), and autonomic

neuropathies secondary to autoimmune disease and diabetes. Collectively, these Autonomic Disorders impact millions of Americans. Because most physicians are not familiar with Autonomic Disorders, patients are often referred to multiple specialists to address individual symptoms with no one doctor evaluating the patient in the entirety. It isn't unusual for patients with

Autonomic Disorders to be referred to 10 physicians or more prior to receiving an accurate diagnosis. Physicians will learn to recognize the symptoms of Autonomic Disorders and the effects they cause throughout the body. They will learn to look at the patient in an integrated manner so as to connect the dots of symptoms affecting multiple organs.



### Speakers



**Gisela Chelimsky, MD**Professor of Pediatric Gastroenterology
Medical College of Wisconsin



Thomas Chelimsky, MD Chairman & Professor of Neurology Medical College of Wisconsin President, American Autonomic Society



Kamal Chémali, MD
Associate Professor of Neurology
Eastern Virginia Medical School
Director, Sentara Neuromuscular & Autonomic Center



David Goldstein, MD, PhD
Director, Clinical Neurocardiology Section
National Institutes of Neurological Disorders & Stroke
National Institutes of Health



Satish Raj, MD, MSCI Associate Professor of Medicine & Pharmacology Autonomic Dysfunction Center Vanderbilt University Medical Center



Sarah Rebstock, MD Former Director of the Pain Management Clinic Children's National Hospital



**Julian Stewart, MD, PhD**Professor of Pediatrics, Physiology & Medicine Director, Center for Hypotension
New York Medical College



Paola Sandroni, MD, PhD Professor of Neurology Director, Autonomic Laboratory Mayo Clinic



Steven Vernino, MD, PhD
Professor & Academic Vice-Chair
Department of Neurology & Neurotherapeutics
UT Southwestern Medical Center



### **Target Audience**

Primary Care, Pediatricians, Family Practitioners, Internists, General Neurologists, Cardiologists, Electrophysiologists, PM&R Specialists, Physician Assistants, Nurse Practitioners, School Nurses, and Allied Health Care Professionals.

### **Learning Objectives**

- Recognize symptoms indicative of an autonomic disorder
- Describe the role of autonomic testing in diagnosis and treatment
- Distinguish structural and functional autonomic disorders
- Develop basic non-pharmacologic and pharmacologic management strategies



### Accreditation

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education through the joint providership of the Medical College of Wisconsin and Dysautonomia International. The Medical College of Wisconsin is accredited by the ACCME to provide continuing medical education for physicians. The Medical College of Wisconsin designates this live activity for a maximum of 7.0 AMA PRA Category 1 Credit(s)<sup>TM</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity. The Medical College of Wisconsin designates this activity for up to 7.0 hours of participation for continuing education for allied health professionals.

This CME will be held on July 12th as part of the 2014 Dysautonomia International Conference, taking place July 11th-14th at the same location.

Register Online: www.dysautonomiainternational.org/2014CME











### Register Online: www.dysautonomiainternational.org/2014CME

Saturday, July 12th	Saturday, July 12th	Saturday, July 12th
CME registration on or before June 15th	CME registration after June 15th	Awards Banquet\$40*
\$200	\$275	Sunday, July 13th
Student registration on or before June 15th	Student registration after June 15th	Additional Autonomic Disorders Educational
\$100	\$175	Programming\$60*



## Schedule

#### Saturday, July 12th

7:30 - 8:30am	CME Registration
8:30 - 9:00am	Welcoming Remarks
9:00 - 10:00am	Overview of POTS
10:00 - 12:00pm	Morning Roundtable Sessions on POTS
12:00 - 2:00pm	Lunch & Vendor Fair
2:00 - 3:00pm	Overview of Multiple System Atrophy & Pure Autonomic Failure
3:00 - 4:00pm	Afternoon Roundtable Sessions on MSA/PAF
4:00 - 5:00pm	Q&A Panel & Dismissal
7:00 - 11:00pm	Awards Banquet*

#### Sunday, July 13th\*

9:00am - 5:00pm

#### **Non-CME Programming on Autonomic Disorders:**

- Research Update: Autoimmunity in POTS
- Management of GI Issues in POTS
- Physical Therapy for POTS
- Sleep Disorders in Dysautonomia
- Reflex Sympathetic Dystrophy
- Ehlers-Danlos Syndrome & POTS
- Dysautonomia in Autoimmune Diseases
- Mast Cell Disorders & POTS
- Management of Chronic Pain in POTS

#### **Hyatt at Dulles International Airport**

2300 Dulles Corner Boulevard Herndon, Virginia 20171

Tel: (703) 713-1234 www.dulles.hyatt.com

#### SPONSORED BY

DYSAUTONOMIA INTERNATIONAL













<sup>\*</sup>Saturday night Awards Banquet and Sunday activities not included in CME registration fee or credit hours. Available for optional purchase during online registration process. If you have questions, please contact Lauren Stiles: Istiles@dysautonomiainternational.org.